

MARY QUEEN OF PEACE

JANUARY 2018

Healthy Habit Special Price with Milk \$3.65 - Extra Entrée only \$1.40

Menu subject to change

* = Baked				
WG=Whole Grain Ingredients				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
NO SCHOOL	NO SCHOOL	*Chicken Rings Seasoned Noodles Lettuce & Carrot Salad Light Ranch Dressing Sherbet Milk, Fat Free	Grilled Cheese Tomato Soup Lettuce & Carrot Salad Light Ranch Dressing Fresh Fruit/Seasonal Milk, Fat Free	SUPERVISOR SPECIAL CREATE YOUR OWN PASTA LUNCH \$3.65 PLATE LUNCH CHOICE OF PASTA, SAUCES AND VEGETABLES SERVED WITH SIDE SALAD FRESH FRUIT & BREADSTICK MILK, FAT FREE <u>All items can be purchased</u> ala carte Bowl of Pasta 2.25 Sid of Veggie or Salad 1.25 Breadstick .75
				
8	9	10	11	12
*Chicken Patty Sandwich WG *French Fries/Ketchup Green Beans Quartered Oranges Milk, Fat Free <i>ALA CARTE</i> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	Pulled Pork Slammer Pasta Salad Pickle Slices Fresh Fruit/Seasonal Milk, Fat Free <i>ALA CARTE</i> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	BREAKFAST FOR LUNCH! *Pancake with Syrup *Sausage Patty Fresh Fruit/Seasonal Yogurt Milk, Fat Free <i>ALA CARTE</i> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75 TONY'S PIZZA-CHEESE 2.65	Golden Grilled Cheese, WG Fresh Vegetables w/dip Applesauce Vanilla Ice Cream Milk, Fat Free <i>ALA CARTE</i> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 FRENCH FRIES 2.00 BACON CHEESEBURGER 3.15	*Chicken Nuggets Mashed Potatoes & Gravy Mixed Vegetables Rainbow Sherbet Milk, Fat Free <i>ALA CARTE</i> BOSCO STICK 1.60 GENERAL TSO CHICKEN 2.90 (2) CRAB RANGOON 1.95
15	16	17	18	19
NO SCHOOL 	Soft Pretzels with Cheese, WG Baby Carrots Light Ranch Dressing Fresh Fruit/Seasonal Rice Krispies Treat Milk, Fat Free <i>ALA CARTE</i> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	CHICK FIL A DAY Chicken Tender Slider French Fries with Ketchup Fresh Fruit/Seasonal Milk, Fat Free <i>NO ALA CARTE</i>	Chicken Taco Spanish Rice Lettuce & Carrot Salad Lite Italian Dressing Fresh Baked Brownie Milk, Fat Free <i>ALA CARTE</i> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 FRENCH FRIES 2.00 BACON CHEESEBURGER 3.15	*Pepperoni Pizza WG Tossed Salad Light Ranch Dressing Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free <i>ALA CARTE</i> BOSCO STICK 1.60 GENERAL TSO CHICKEN 2.90 (2) CRAB RANGOON 1.95
22	23	24	25	26
Toasted Ravioli Bowtie Pasta W/ Spaghetti Sauce Cooked Broccoli Fresh Fruit/Seasonal Milk, Fat Free <i>ALA CARTE</i> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	BLT Panini Baby Carrots Fresh Fruit/Seasonal Potato Chips Milk, Fat Free <i>ALA CARTE</i> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	Macho Nachos, WG Shredded Lettuce & Tomato Fresh Fruit/Seasonal 100% Fruit Juice Bar Milk, Fat Free <i>ALA CARTE</i> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75 TONY'S PIZZA-CHEESE 2.65	Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free <i>ALA CARTE</i> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 FRENCH FRIES 2.00 BACON CHEESEBURGER 3.15	*Pizza Stix Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal Fruit Snack Milk, Fat Free <i>ALA CARTE</i> BOSCO STICK 1.60 GENERAL TSO CHICKEN 2.90 (2) CRAB RANGOON 1.95
29	30	31		
Mini Tacos Corn Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free <i>ALA CARTE</i> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	BREAKFAST FOR LUNCH! *Waffle with Syrup *Sausage Patty Peaches Strawberry Yogurt Cup Milk, Fat Free <i>ALA CARTE</i> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	PAPA JOHNS PIZZA  <i>NO ALA CARTE</i>		
The following items offered daily: Chicken Patty 2.50 Grilled Cheese 1.60 All Beef Hot Dogs 1.65 Bagel & Cream Cheese 1.65	ON PAPA JOHNS, CHICK-FIL-A OR SUPERVISORS SPECIAL DAYS THE ONLY OTHER FOOD SERVED WILL BE GRILLED CHEESE OR HOT DOGS.	SALAD BAR AVAILABLE EVERY DAY	GRAB & GO SNACK ITEMS Assorted Snacks .90 & up Assorted Chips 1.25	DRINKS 1% White .11 Fat Free Chocolate Milk .11 Bottled Water 8 oz. .60 Bottled Water .5 liter 1.00 Splash 1.50 Dole Juice 1.70 Capri Sun 1.00 Greek Yogurt Smoothie 2.00

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.
"Serving You With Pride"

