

MARY QUEEN OF PEACE

NOVEMBER 2018

Healthy Habit Special Price with Milk \$3.75 - Extra Entrée only \$1.40

Menu subject to change

*= Baked WG= Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
				
			1 NO SCHOOL 	2 *Popcorn Chicken *Seasoned Fries Fresh Fruit/Seasonal *Homemade Brownie Milk, Fat Free <u>ALA CARTE</u> BOSCO STICK 1.60 GENERAL TSO CHICKEN 2.90 (2) CRAB RANGOON 1.95
5	6	7	8	9
Nachos and Cheese, WG Green Beans Fresh Fruit/Seasonal Churro Milk, Fat Free <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	Pulled Pork Slammer Pasta Salad Pickle Spear Fresh Fruit/Seasonal Milk, Fat Free <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	Sweet N Sour Chicken White Rice Steamed Broccoli Fortune Cookie Milk, Fat Free <u>ALA CARTE</u> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75	Chicken Parmesan Slider Grapes Tossed Salad Jell-O Milk, Fat Free <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	<u>Veteran's Day</u> Tribute Toasted Ravioli Hero Green Beans Overseas Oranges Courage Cookie Memorial Milk <u>NO ALA CARTE</u> 
12	13	14	15	16
Homemade Spaghetti O's Tossed Salad Fresh Fruit/Seasonal Breadstick Milk, Fat Free <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	Hamburger on WG Bun *Baked Fries Baby Carrots Fresh Fruit/Seasonal Milk, Fat Free <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	<u>BREAKFAST FOR LUNCH!</u> *Waffle with Syrup *Sausage Patty Fresh Fruit/Seasonal Strawberry Yogurt Cup Milk, Fat Free <u>ALA CARTE</u> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75	Bowl of Chili *Cheddar Goldfish, WG Fresh Fruit/Seasonal Jell-O Milk, Fat Free <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	<u>CHICK FIL A DAY</u> Chicken Tender Slider French Fries with Ketchup Fresh Fruit/Seasonal Milk, Fat Free 
19	20	21	22	23
Chicken Alfredo Lettuce & Carrot Salad Lite Italian Dressing Fresh Fruit/Seasonal *Garlic Breadstick Milk, Fat Free <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	Turkey & Cheese on WG Bun Fresh Veggies with Dip Fresh Fruit/Seasonal Vanilla Wafers Milk, Fat Free <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	NO SCHOOL	NO SCHOOL	NO SCHOOL
				
26	27	28	29	30
Italian Panini Potato Chips Fresh Fruit/Seasonal Milk, Fat Free <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	Grilled Cheese Homemade Spaghetti O's Celery and Carrot Sticks Fresh Fruit/Seasonal Milk, Fat Free <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	Biscuit & Gravy Scrambled Eggs Hash Brown Triangle Fresh Fruit/Seasonal Milk, Fat Free <u>ALA CARTE</u> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75	*Chicken Nuggets Corn Fresh Fruit/Seasonal Rice Krispies Treat Milk, Fat Free <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	PAPA JOHNS PIZZA  <u>NO ALA CARTE</u>
<u>The following items offered daily:</u> Chicken Patty 2.50 Grilled Cheese 1.60 All Beef Hot Dogs 1.65 Bagel & Cream Cheese 1.65	ON PAPA JOHNS, CHICK-FIL-A OR SUPERVISORS SPECIAL DAYS THE ONLY OTHER FOOD SERVED WILL BE GRILLED CHEESE OR HOT DOGS.	<u>SALAD BAR AVAILABLE EVERY DAY</u>	<u>GRAB & GO SNACK ITEMS</u> Assorted Snacks .90 & up Assorted Chips 1.25	<u>DRINKS</u> 1% White .11 Fat Free Chocolate Milk .11 Bottled Water 8 oz. .60 Bottled Water .5 liter 1.00 Splash 1.50 Dole Juice 1.70 Capri Sun 1.00 Greek Yogurt Smoothie 2.00

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"Serving You With Pride"

