




# MARY QUEEN OF PEACE

OCTOBER 2018

Healthy Habit Special Price with Milk \$3.75 - Extra Entrée only \$1.40

Menu subject to change

* = Baked				
WG = Whole Grain Ingredients				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
*Pig in a Blanket Smiley Face Potatoes Green Beans Milk, Fat Free  <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	PASTA DAY Spaghetti with Meat Sauce Green Beans *WG Dinner Roll 100% Fruit Juice Bar Milk, Fat Free  <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	Chicken Strips with Bar B Q sauce Green Beans Lettuce Grapes and Cheese Cubes Milk, Fat Free  <u>ALA CARTE</u> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75	TACOS TODAY!!! Crunchy Taco, WG Spanish Rice, WG Mexicali Corn Rainbow Sherbet Milk, Fat Free  <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	Manwich Sloppy Joe on WG Bun Green Beans Fresh Fruit/Seasonal Vanilla Ice Cream Milk, Fat Free  <u>ALA CARTE</u> BOSCO STICK 1.60 GENERAL TSO CHICKEN 2.90 (2) CRAB RANGOON 1.95
8	9	10	11	12
CHICK FIL A DAY Chicken Tender Slider French Fries with Ketchup Fresh Fruit/Seasonal Milk, Fat Free  <u>NO ALA CARTE</u>	BREAKFAST FOR LUNCH! *Pancake with Syrup *Sausage Patty Fresh Fruit/Seasonal Yogurt Milk, Fat Free  <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	*Pizza Stix Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal Cookie Milk, Fat Free  <u>ALA CARTE</u> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75	*Fish Sticks & Tartar Sauce Green Beans Fresh Fruit/Seasonal Flavorful Jell-O Milk, Fat Free  <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	*Bosco Stick Spaghetti Sauce Mixed Vegetables Fresh Fruit/Seasonal 100% Fruit Juice Bar Milk, Fat Free  <u>ALA CARTE</u> BOSCO STICK 1.60 GENERAL TSO CHICKEN 2.90 (2) CRAB RANGOON 1.95
15	16	17	18	19
*Chicken Nuggets Mashed Potatoes & Gravy Mixed Vegetables Rainbow Sherbet Milk, Fat Free  <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	*Toasted Ravioli Green Beans Fresh Fruit/Seasonal *Cookie Milk, Fat Free  <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	BUILD A BURGER \$4.25    <u>ALA CARTE</u> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75	*Jumbo Corn Dog Corn Fresh Fruit/Seasonal *Vanilla Wafers Milk, Fat Free  <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	Pepperoni Pizza Dippers Tossed Salad Jell-O Fresh Fruit/Seasonal Milk, Fat Free  <u>ALA CARTE</u> BOSCO STICK 1.60 GENERAL TSO CHICKEN 2.90 (2) CRAB RANGOON 1.95
22	23	24	25	26
*Cheese Quesadilla Spanish Rice Corn Rainbow Sherbet Milk, Fat Free  <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	French Dip Potato Chips Fresh Fruit/Seasonal Milk, Fat Free  <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	BREAKFAST FOR LUNCH! *French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free  <u>ALA CARTE</u> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75	Macho Nachos, WG Shredded Lettuce & Tomato Fresh Fruit/Seasonal 100% Fruit Juice Bar Milk, Fat Free  <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	NO SCHOOL
29	30	31		
*Popcorn Chicken *Seasoned Fries Fresh Fruit/Seasonal *Homemade Brownie Milk, Fat Free  <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	HALLOWEEN SPECIAL Devil Dog (Hot Dog) Spider Legs (Fries) Freaky Fruit Mix (Fruit Cocktail) Halloween Treat Mummy Milk  <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	PAPA JOHNS PIZZA \$2.00    NO ALA CARTE		
The following items offered daily: Chicken Patty 2.50 Grilled Cheese 1.60 All Beef Hot Dogs 1.65 Bagel & Cream Cheese 1.65	ON PAPA JOHNS, CHICK-FIL-A OR SUPERVISORS SPECIAL DAYS THE ONLY OTHER FOOD SERVED WILL BE GRILLED CHEESE OR HOT DOGS.	SALAD BAR AVAILABLE EVERY DAY	GRAB & GO SNACK ITEMS Assorted Snacks .90 & up Assorted Chips 1.25	DRINKS 1% White .11 Fat Free Chocolate Milk .11 Bottled Water 8 oz. .60 Bottled Water .5 liter 1.00 Splash 1.50 Dole Juice 1.70 Capri Sun 1.00 Greek Yogurt Smoothie 2.00

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"Serving You With Pride"

