




MARY QUEEN OF PEACE

SEPTEMBER 2018

Healthy Habit Special Price with Milk \$3.75 - Extra Entrée only \$1.40

Menu subject to change

* = Baked				
WG = Whole Grain Ingredients				
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
NO SCHOOL  Labor Day	Grilled Cheese Homemade Spaghetti O's Celery and Carrot Sticks Fresh Fruit/Seasonal Milk, Fat Free <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	CHICK-FIL-A DAY  <u>NO ALA CARTE</u>	Grilled Ham & Cheese Peas & Carrots Fresh Fruit/Seasonal Cookie Milk, Fat Free <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	Chicken Parmesan Slider Grapes Tossed Salad Jell-O Milk, Fat Free <u>ALA CARTE</u> BOSCO STICK 1.60 GENERAL TSO CHICKEN 2.90 (2) CRAB RANGOON 1.95
10	11	12	13	14
*Toasted Ravioli Green Beans Fresh Fruit/Seasonal *Cookie Milk, Fat Free <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	<u>BREAKFAST FOR LUNCH!</u> *Waffle with Syrup *Sausage Patty Fresh Fruit/Seasonal Strawberry Yogurt Cup Milk, Fat Free <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	Hamburger Quesadilla Taco Fiesta Beans Fresh Fruit/Seasonal Jell-O Milk, Fat Free <u>ALA CARTE</u> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75	*Bosco Breadstick Sauce Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal Oreo Cookies Milk, Fat Free <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	Chicken Strips Seasoned Noodles Lettuce & Carrot Salad Light Ranch Dressing Sherbet Milk, Fat Free <u>ALA CARTE</u> BOSCO STICK 1.60 GENERAL TSO CHICKEN 2.90 (2) CRAB RANGOON 1.95
17	18	19	20	21
French Toast Sticks Waffle Breaded Chicken Strip Pancake Syrup Fresh Fruit/Seasonal Yogurt Milk, Fat Free <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	Nachos and Cheese, WG Green Beans Fresh Fruit/Seasonal Churro Milk, Fat Free <u>ALA CARTE</u> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75	All Natural Hot Dog on Bun *French Fries with Ketchup Fresh Veggies Lite Ranch Dressing Jell-O Milk, Fat Free <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	Homemade Spaghetti O's Tossed Salad Fresh Fruit/Seasonal Breadstick Milk, Fat Free <u>ALA CARTE</u> BOSCO STICK 1.60 GENERAL TSO CHICKEN 2.90 (2) CRAB RANGOON 1.95
24	25	26	27	28
Grilled Chicken Breast Rice Pilaf Vanilla Yogurt Blueberries Caesar Salad Milk, Fat Free <u>ALA CARTE</u> HAMBURGERS 2.35 CHEESEBURGERS 2.55 JUMBO CORN DOGS 1.65	<u>BREAKFAST FOR LUNCH!</u> Scrambled Eggs *Hash Brown Triangle Fresh Fruit/Seasonal *Cinnamon Streusel Milk, Fat Free <u>ALA CARTE</u> CHICKEN RINGS & BAKED FRIES 3.65 TEXAS SWEET PRETZEL 2.85	*Popcorn Chicken *Seasoned Fries Fresh Fruit/Seasonal *Homemade Brownie Milk, Fat Free <u>ALA CARTE</u> HAMBURGER 2.35 CHEESEBURGER 2.55 TONY'S PIZZA-PEPPERONI 2.75	Hamburger on WG Bun *Baked Fries Baby Carrots Fresh Fruit/Seasonal Milk, Fat Free <u>ALA CARTE</u> CHICKEN QUESADILLA 2.95 CHICKEN STRIPS & BAKED FRIES 3.65 BACON CHEESEBURGER 3.15	PAPA JOHNS PIZZA  <u>NO ALA CARTE</u>
The following items offered daily: Chicken Patty 2.50 Grilled Cheese 1.60 All Beef Hot Dogs 1.65 Bagel & Cream Cheese 1.65	ON PAPA JOHNS, CHICK-FIL-A OR SUPERVISORS SPECIAL DAYS THE ONLY OTHER FOOD SERVED WILL BE GRILLED CHEESE OR HOT DOGS.	SALAD BAR AVAILABLE EVERY DAY	<u>GRAB & GO SNACK ITEMS</u> Assorted Snacks .90 & up Assorted Chips 1.25	<u>DRINKS</u> 1% White Fat Free Chocolate Milk Bottled Water 8 oz. .60 Bottled Water .5 liter 1.00 Splash 1.50 Dole Juice 1.70 Capri Sun 1.00 Greek Yogurt Smoothie 2.00

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.
 "Serving You With Pride"

