

MARY, QUEEN OF PEACE SCHOOL
Grade Level Goals and Content

GRADE: 2

SUBJECT: Physical Education

GOALS:

Students will:

1. demonstrate knowledge of body awareness and the body's relationship to space.
2. apply knowledge and concepts through participation in developmental games and activities.
3. demonstrate locomotor, nonlocomotor, and balance skills through manipulative activities.
4. show an appreciation for personal fitness.
5. act in accordance with safety pertaining to self and others.
6. imitate positive sportsmanship and behavior through participation in all activities.

CONTENT TOPICS:

1. Touch and move all body parts with 100% accuracy
2. Know directions (right/left) with self and on others
3. Move with varying speed and force changes (obstacle course)
4. Low-organized games combining locomotor and manipulative motor patterns (hot foot)
5. Cooperate with partner/small groups to accomplish a task or goal (bronco dodgeball)
6. Motor skills incorporated with lead-up games and sports skills (one-base whiffle ball)
7. Simultaneous and alternating use of arms and legs (push, pull, pivot, swing, dodge, flex, twist)
8. Proper execution of throwing, catching, striking, kicking, bouncing, and jumping
9. Muscle strength, endurance, flexibility
10. Major bones